



Dr Kahloon is a University of Sydney MBBS graduate. She obtained her FRACGP with distinctive results and is a recipient of several scholarships. She has completed externships at Cedars Sinai Medical Centre, Beverly Hills, Los Angeles nicknamed 'hospital to the stars.' She is also a published author in the field of wellbeing, integrative medicine and positive psychology. She believes good health

is more than just absence of disease but a combination of physical, emotional and spiritual wellness.

Dr Kahloon offers natural, traditional and complementary treatment options grounded in evidence base. She enjoys the diversity of general practice, working closely with allied health providers and specialists. She can assist with child health, chronic disease management (inclusive of diabetes, thyroid disorders, chronic pain), sporting injury, cardiorespiratory health, occupational health, preventative health (such as cancer, metabolic and vascular disease screening), EPCs, men and women's health, family planning (including implanon insertion/removal) as well as comprehensive mental health treatment plans.

In her spare time, she enjoys being a stylist to her friends, helping out with humanitarian projects as well as flying over to spend time with her Los Angeles based family and dog 'Reggie'. Her father is an innovation design engineer, working on tele-communication systems and space technology. Her mother is a preschool teacher, both being inspirations to be warm, compassionate and to be lifelong learners. Her younger brother works in finance and is a former fashion model. The sibling duo enjoy scenic, adventure sport travel.